

Amber Cazzell Nadal

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EDUCATION

Brigham Young University Provo, UT	Ph.D., Applied Social Psychology <i>Dissertation Title: Partner Responsiveness Mediates the Relationship between Virtues and Ideal Self Attainment</i> <i>Chair: Sam Hardy</i>	April 2017
Point Loma Nazarene University San Diego, CA	B.A., Psychology <i>Emphasis: Therapeutic & Community Psychology</i> Magna cum laude	May 2013

POST-GRADUATE POSITIONS

2017-18 **Visiting Scholar** *Center on Adolescence, Stanford University.*

FELLOWSHIPS AND AWARDS

- 2016 **Graduate Research Fellowship Award** (\$10,000).
*Graduate Studies Office, Brigham Young University. Identifying Aristotelian
character types.*
- 2014 **Graduate Research Fellowship Award** (\$10,000).
*Graduate Studies Office, Brigham Young University. Virtues elicit partner
responsiveness and movement toward ideal self.*
- 2014 **Marjorie Pay Hinckley Travel Award** (\$650).
College of Family, Home, and Social Sciences, Brigham Young University.
- 2013-16 **High Impact Doctoral Research Assistantship** (\$90,000).

- Graduate Studies, Brigham Young University.* The role of relational virtues in bridging the judgment-action gap.
- 2012 **6th District Scholarship** (\$1,000).
6th District, Sons of Norway.
- 2012 **Boyd Shannon Scholarship** (\$750).
Department of Psychology, Point Loma Nazarene University.
- 2012 **Lars Skjelbreia Memorial Scholarship** (\$1,500).
Solbakken Lodge, Sons of Norway 6th District.
- 2009-13 **Trustee's Scholarship** (\$24,000).
Point Loma Nazarene University.

TEACHING EXPERIENCE

*co-instructor

Instructor

Psychological Statistics	Brigham Young University (2015)
*Research Design & Analysis	Brigham Young University (2014)

Teaching Assistant

Personality Theory (2 sections)	Brigham Young University (2014-15)
Psychological Statistics (2 sections)	Brigham Young University (2013-14)
Research Method & Design Pt 1 (2 sections)	Point Loma Nazarene University (2011-13)
Research Method & Design Pt 2 (2 sections)	Point Loma Nazarene University (2011-13)
Clinical & Community Interventions (3 sections)	Point Loma Nazarene University (2011-13)
Moral Psychology & Cultural Values	Point Loma Nazarene University (2012)
Introductory Psychology	Point Loma Nazarene University (2012)

Guest Lectures

A History of Psychology (2 lectures)	Brigham Young University (2015)
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RESEARCH INTERESTS

Why do we sometimes fail to live up to our closely-held values? How does one develop moral habits (virtue) and immoral habits (vice)? What is the role of self-control in making and breaking positive and negative habits? What is the relationship between virtue, self-control, and personal flourishing?

JOURNAL ARTICLES

- Baumeister, R. F. & **Nadal, A. R. C.** (2017). Addiction: Motivation, volition, and habits of pleasure. *Motivation Science*. 3(3), 179-185. <http://dx.doi.org/10.1037/mot0000069>
- Hardy, S. A., **Nadal, A. R. C.**, & Schwartz, S. J. (in press). The roles of personal identity, religious identity, and moral identity in predicting prosocial and antisocial behavior in emerging adulthood. *Identity: An International Journal of Theory and Research*. 17(2), 96-107. <https://doi.org/10.1080/15283488.2017.1305905>
- Sheskin, M., **Nadal, A.**, Croom, A., Mayer, T., Nissel, J., & Bloom, P. (2016). Some Equalities Are More Equal Than Others: Quality Equality Emerges Later Than Numerical Equality. *Child Development*. 87(5), 1520-1528. doi: 10.1111/cdev.12544
- Nadal, A.C.**, Hardy, S., Barry, C. (2016). Understanding the roles of religiosity and spirituality in emerging adults in the United States. *Psychology of Religion and Spirituality*. 10(1), 30-43. <http://dx.doi.org/10.1037/rel0000104>

Under review

- Nadal, A. C.**, Hardy, S. A. (under review). Partner responsiveness mediates the relationship between virtues and personal goal attainment. *Journal of Personality*.

In progress

- Nadal, A. C.**, Hardy, S. A. (in progress). Moral habits: Virtuous behavior in the midst of ego depletion.
- Nadal, A. C.**, Fowers, B., Cravens, J. (in progress). What do measures of virtue really measure?
- Owens, B. P., Quinn, R., **Nadal, A. C.** (in progress). A framework for understanding competing virtues.
- Hardy, S. A., **Nadal, A.C.** (in progress). Adolescent religious internalization: A self-determination theory approach.

CONFERENCE PRESENTATIONS

*undergraduates I have supervised

- Nadal A.C.**, Hardy, S., Barry, C. (2016, December). *Profiles of Religiosity and Spirituality in Emerging Adults*. Paper to be presented at the annual meeting of the Association for Moral Education, Cambridge, MA.
- *Petersen, J. S., **Nadal, A. C.**, Hardy, S. A. (2016, December). *Testing a Model of Eudaimonic Marital Quality*. Poster to be presented at the annual meeting of the Association for Moral Education, Cambridge, MA.
- Nadal, A.C.**, Hardy, S., Barry, C. (2016, April). *Understanding the Roles of Religiosity and Spirituality in Emerging Adults in the United States*. Paper presented at the annual meeting of the Rocky Mountain Psychological Association, Denver, CO.

- Hardy, S. A., & **Nadal, A. C.** (2015, March). *Religious Motivation Scale: A Self-Determination Theory measure*. Poster presented at the American Psychological Association Division 36 Mid-Year Conference, Provo, Utah.
- Nadal, A. C.**, *Childs, T., Hardy, S. (2015, March). *Virtue in Relationships: Reconceptualizing Relationship Quality*. Poster presented at the annual midyear conference on Religion and Spirituality hosted by APA Division 36.
- Nadal, A. R. C.**, Hardy, S. (2015, March). *Religious Motivation Scale: A Self-Determination Theory Measure for Adolescents*. Poster presented at the biennial meeting of the Society for Research in Child Development in Philadelphia, Pennsylvania.
- Nadal, A. R. C.**, Hardy, S. (2014, November). *Validation of the Religious Internalization Index: A Self-Determination Theory Approach to Measuring Religious Motivation*. Poster presented at the annual meeting of the Association for Moral Education in Pasadena, California.
- Cazzell, A.R.**, Goldschmied, N. (2014, February). *Size and Strength in a Bilateral Geopolitical Conflict: Contextual Factors Influencing the Underdog Designation*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, Texas.
- Sheskin, M., **Cazzell, A.**, Croom, A., Mayer, T., & Bloom, P. (2013). Quality Equality: Children's gaming of the fairness rules. Talk at Harvard/Yale Social Cognitive Development Conference, Yale.
- Cazzell, A. R.**, Farinelli, A. E., & Irwin, H. (2013, April). *Creating a Survey of Reverse Culture Shock*. Presentation at the annual meeting of the Western Psychological Association, Reno, Nevada. *Award-winning poster
- Cazzell, A.R.**, Farinelli, A.E., Hall, T., & Irwin, H. (2013, April). *Effect of Immersion on Cultural Cognizance: The Impact of Foreign Language*. Poster presented at the annual meeting of the Western Psychological Association, Reno, Nevada. *Award-winning poster
- Farinelli, A. E., **Cazzell, A.R.**, Serna, F., & Irwin, H. (2013, April). *Examining Cultural Cognizance in an Intensive Abroad Experience*. Poster to be presented at the annual meeting of the Western Psychological Association, Reno, Nevada.

STATISTICAL TRAINING

Analytic Packages

Mplus	SPSS
Stata	AMOS
MAXQDA	

Analytic Techniques

*current or ongoing training

Structural Equation Modelling	Longitudinal Models
Multiple Regression	

Confirmatory Factor Analyses
Second-order Latent Variable Models
Latent Profile Analysis
 Distal Outcomes
Dyadic Data Analyses
 Actor-Partner Interdependence Models
 Common Fate Models
 Distinguishability Testing

Latent Growth Curve Modelling
Cross-lagged Models
Invariance Testing
*Mixture Modelling

Workshops Attended

Dynamic Structural Equation Modelling of Intensive Longitudinal Data <i>Bengt Muthén, Tihomir Asparouhov, & Ellen Hamaker</i>	Johns Hopkins University (2017)
Item Response Theory <i>Tenko Raykov</i>	Brigham Young University (2017)
Dyadic Data Analysis Using Multilevel Modelling <i>David Kenny & Tessa West</i>	University of Connecticut (2015)
Longitudinal Structural Equation Modelling <i>Jeremy Yorgason & Justin Dyer</i>	Brigham Young University (2014)

METHODOLOGICAL TRAINING

In-person experimental designs with children
Large online cross-sectional surveys
Linking online surveys with Mechanical Turk
Qualitative textual coding
Experience sampling methods

PROFESSIONAL AFFILIATIONS

Association for Moral Education
Society for the Psychology of Religion and Spirituality
Society for Personality and Social Psychology
Society for Philosophy and Psychology

SERVICE

Reviewer,
International Journal of Organization Theory & Behavior

Moderator, Interfaith Symposium

Brigham Young University (2015)

Chair, CrossSeekers Club

Brigham Young University (2014-15)

Panelist - Advice for getting into graduate school

Psi-Chi, Brigham Young University (2014)

Volunteer, House of Hope

Provo, UT (2013-15)

Volunteer, Sharp Mesa Vista and Sharp and Sharp Mac Donald Center Hospitals

San Diego, CA (2011-12)

Volunteer, Integrative Healing program at Sharp Memorial and Sharp Mary Birch Hospitals

San Diego, CA (2011-12)